

Trains

1. Listen, repeat, learn and recite.

सुनो, दोहराओ, सीखो और पढ़कर सुनाओ ।

01

Unit Three



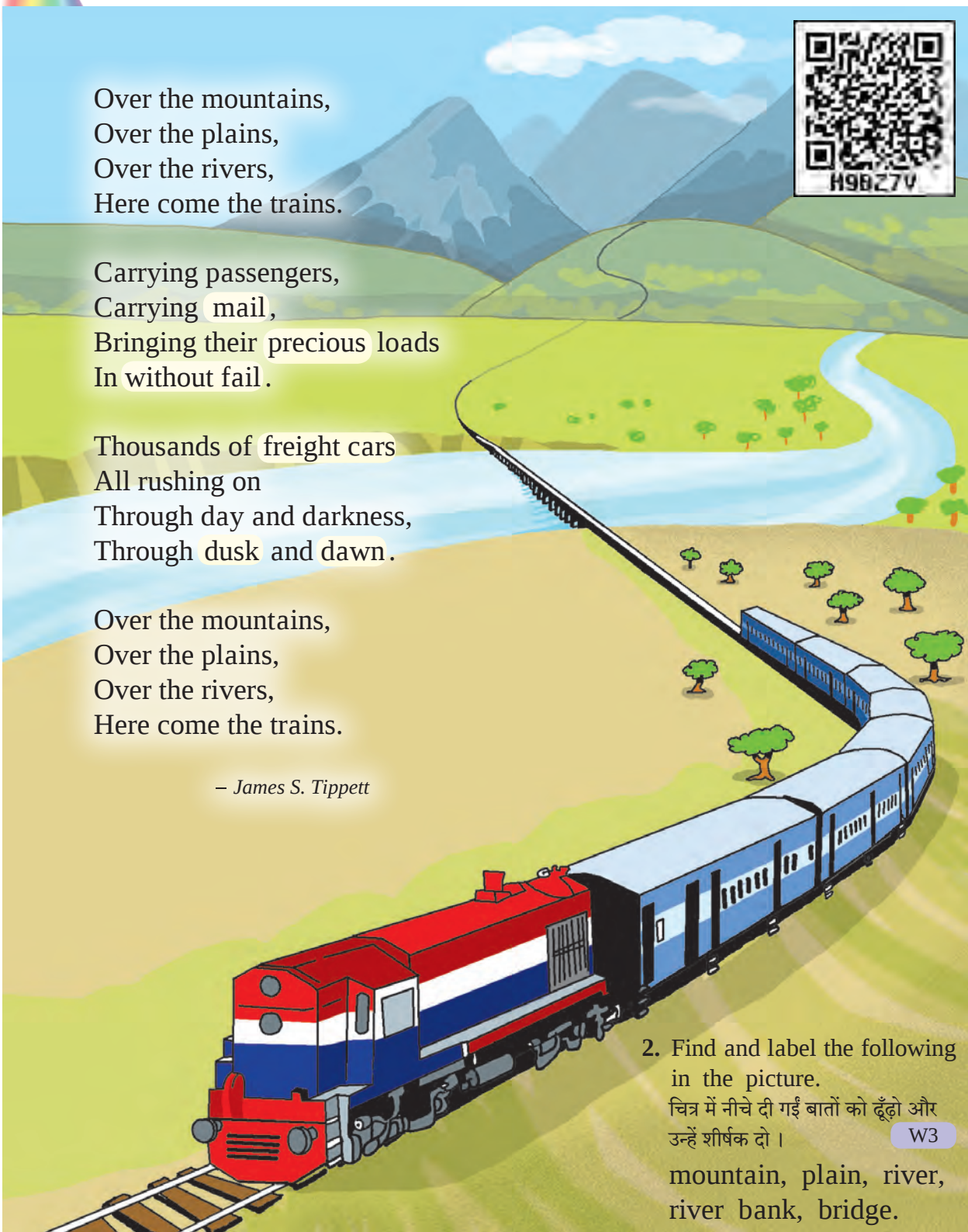
Over the mountains,
Over the plains,
Over the rivers,
Here come the trains.

Carrying passengers,
Carrying mail,
Bringing their precious loads
In without fail.

Thousands of freight cars
All rushing on
Through day and darkness,
Through dusk and dawn.

Over the mountains,
Over the plains,
Over the rivers,
Here come the trains.

– James S. Tippet



2. Find and label the following in the picture.

चित्र में नीचे दी गई बातों को ढूँढो और उन्हें शीर्षक दो ।

W3

mountain, plain, river,
river bank, bridge.

• mail (मेल) डाक । • precious (प्रेशस) मूल्यवान, बहुमूल्य । • without fail (विदाउट फेल) बिना भूले । • freight cars (फ्रेट कार्स) मालगाड़ियाँ । • dusk (डस्क) शाम, दीया-बत्ती का समय । • dawn (डॉन्) तड़के, सूर्योदय ।

1. Listen and read aloud with me.

सुनो और मेरे साथ मुखर वाचन करो ।

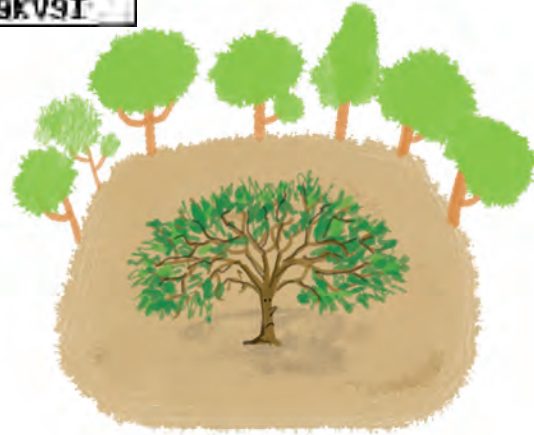
05



In a **grove** of mango trees, there was one little babul tree.

The little tree was pretty, but it was not happy. One day it said,

“I do wish I had big leaves !
All the other trees have big leaves.
My **thorns** are sharp and stiff.
Children do not like me.”



Next day, when the little tree woke up, it had big leaves. It was just like the mango trees.

“Now I am happy,” it said.

But a goat came along and ate up all the big leaves.

“Oh, dear!” said the babul tree.

“I wish I had gold leaves.

Goats do not eat gold leaves.”



Next day, when the little tree woke up, it had gold leaves.

“How happy I am!” it said.

But a thief came along and **stole** all the gold leaves.

“Oh dear!” said the babul tree.

“I wish I had glass leaves.

Thieves do not steal glass leaves.”





Next day, when the little tree woke up, it had glass leaves.

“How happy I am!

See my leaves shine in the sun.”

But a strong wind sprang up.

“Woo-oo!” said the wind.

And it broke all the glass leaves.

“Oh, dear!” said the babul tree.

“I wish I had my thorns and small leaves again.

Goats do not eat them all up.

Thieves do not steal them.

The wind will do them no harm.”

Then the tree went to sleep.



Next day, when it woke up, it had all its thorns and small green leaves again.

“Oh, I never was so happy!” said the little babul tree.



- grove (ग्रोव्ह) small forest, wood. वृक्षों का छोटा-सा वन, लकड़ी । • thorns (थॉडन्ज़) काँटे ।
- stole (स्टोल्) चुराया, चुराकर ले गए । • sprang up (स्प्रॉंग् अप्) अचानक बहने लगा ।

2. Read and remember.

पढ़ो और ध्यान में रखो ।

- | | |
|----------------------------|----------------------------|
| • one leaf – many leaves | • one thief – many thieves |
| • one shelf – many shelves | • one wolf – many wolves |
| • one knife – many knives | • one life – many lives |



3. Read the following sentences carefully.

निम्न वाक्यों को ध्यान से पढ़ो ।

O4

• Children do not like thorns.

• Children like flowers.

(a) Drop 'do not/does not' in the following and frame meaningful sentences. You may have to change the highlighted words.

निम्न वाक्यों में आए do not/does not शब्दों को हटाकर अर्थपूर्ण वाक्य बनाओ । इसके लिए रंगीन पट्टियों के शब्दों को भी बदलना होगा ।

W5

• Goats do not eat gold leaves.

• Goats eat green leaves .

• Thieves do not steal glass leaves.

• .

• She does not like grapes .

• She likes .

• He does not play cricket .

• .

• A lion does not eat grass .

• .

(b) Now use 'do not/does not' appropriately in the following and frame meaningful sentences.

निम्न वाक्यों में do not/does not में से उचित शब्द का उपयोग करके अर्थपूर्ण वाक्य बनाओ ।

W5

• I like mangoes.

• I do not like figs .

• You travel by bus.

• .

• He gets up at 7.30.

• He does not get up at 6:30 .

• A rabbit has a short tail.

• .

• She uses a black pen.

• .

4. Complete the following sentences using your ideas.

अपनी कल्पनाओं का उपयोग करके निम्न वाक्यों को पूर्ण करो ।

W13

• I wish I had .

• I wish I could .

.....

.....

.....

.....

.....

.....

3. (a) और (b) में स्वीकारार्थक और नकारार्थक वाक्यों का उपयोग करना है । इसमें do not/does not का उपयोग किए जाने का अभ्यास होगा । उसी समय वाक्य अर्थपूर्ण होने के लिए वाक्य के अन्य शब्दों को भी बदलना है । ये दोनों बातें अभ्यास के समय विद्यार्थियों के ध्यान में लाएँ ।

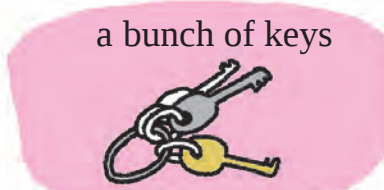
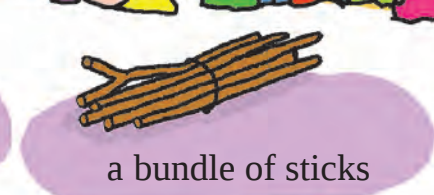
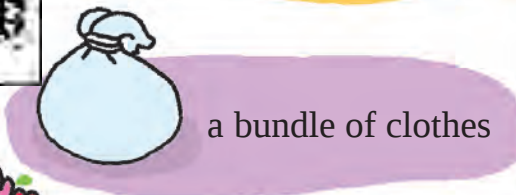
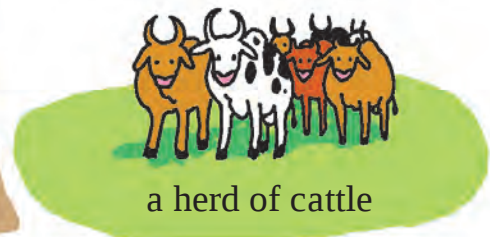
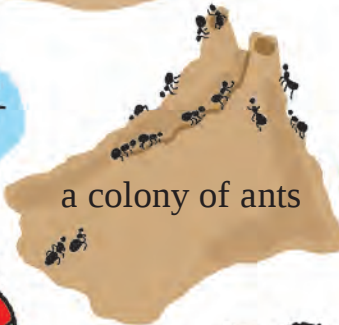
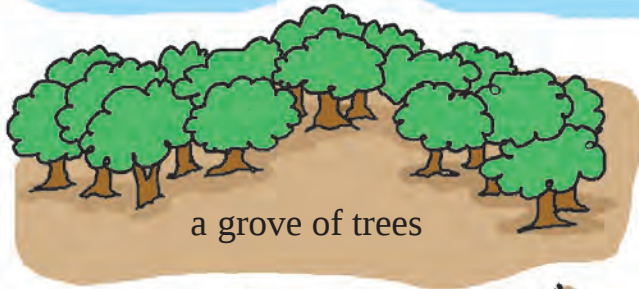
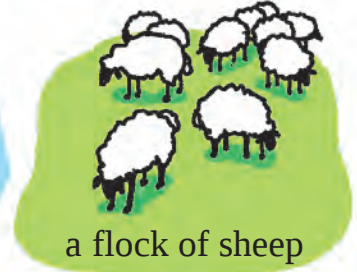


Lots of Things Together

- Read aloud and copy the phrases in your notebook.

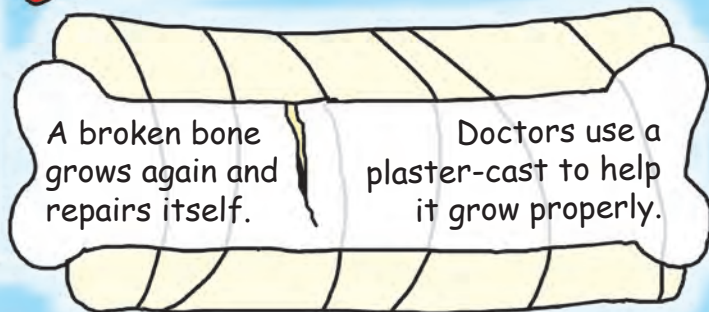
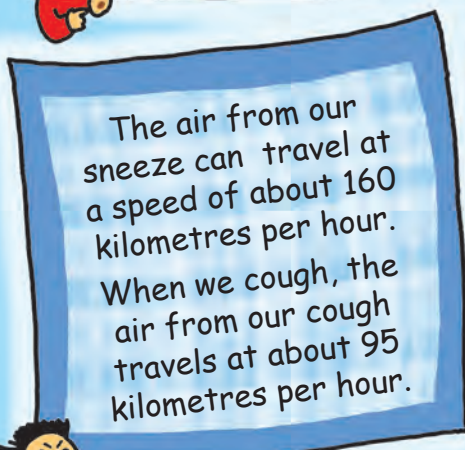
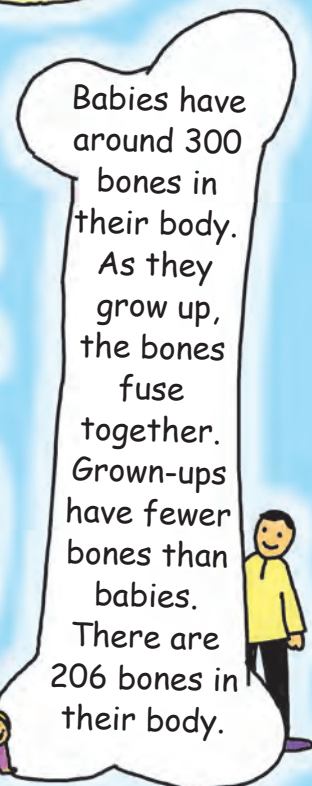
इन शब्दसमूहों का मुखर वाचन करो और देखकर अपनी कॉपी में लिखो।

O4
W10





Our body has many parts. All parts are special.
Read the following facts to learn how special they are.





Our body is so wonderful.
We must take care of our body.

We should eat well at regular times.



We should eat fruits and vegetables.

We should drink enough water.



We should take enough exercise.

We should get enough sleep.



We should keep our body and hair clean.

We should cut our nails regularly.



We should cover our mouth when we cough or sneeze.

We should wear clean clothes every day.



3. Write 'Good Health' and 'Hygiene' messages on big sheets of paper and hold an exhibition in your classroom.

बड़े कागजों पर 'स्वास्थ्य' और 'स्वच्छता' के विषय में संदेश (अंग्रेजी में) लिखो और कक्षा में उनकी प्रदर्शनी लगाओ ।

W9

W10

Examples :





Alyonushka

1. Listen carefully.
ध्यान से सुनो ।

Once upon a time, there was a girl called Alyonushka. Alyonushka lived with her father, mother and baby brother Ivanushka.

One day, Mother said to Alyonushka, “Daughter, we are going out to work. Be a good girl and look after your baby brother.”

Father and Mother went away. Soon, Alyonushka forgot all that her mother had said. She seated her baby brother on the grass, ran out to her friends and began to play with them. She clean forgot to look after her baby brother.

Suddenly, a flock of geese came flying. They swooped down, picked up her baby brother and flew away with him.

“Look, Alyonushka!” cried one of the children. “The geese are flying away with your baby brother.”



“Stop, stop, you wicked birds,” said Alyonushka.

But it was no use. She ran after the birds. The birds flew faster and faster and were soon out of sight.

Poor Alyonushka ! What could she do ! She sobbed and wept. But then she got up and said, “I must bring back my baby brother.”

Away ran Alyonushka to where the birds had flown. She ran and ran till she came to an oven.

“Oven, Oven, tell me where the geese have flown.”

“Eat a slice of my wheat bread first,” said the oven.

“What, eat a slice of wheat bread ! At home, we don’t eat even wheat cakes.”

So the oven kept quiet. Alyonushka ran on. But then she turned back and said, “I am sorry, Oven. I’d like to taste your wheat bread.”



Alyonushka ate a slice of the wheat bread and the oven showed her the way. She thanked the oven and ran on.

Soon she came to an apple tree.

“Apple Tree, Apple Tree, tell me where the geese have flown.”

“Eat one of my wild apples first,” said the apple tree.

“What, me eat a wild apple? At home, we don’t eat even garden apples.”



So the apple tree kept quiet. Alyonushka ran on. But then she turned back and said, “I am sorry, Apple Tree. I’d like to taste your apples.”

She ate a wild apple, and the apple tree showed her the way. She thanked the apple tree and ran on.

Soon she came to the milk river.



“Milk River, Milk River, please tell me where the geese have gone.”

“Have some milk, first,” said the milk river.

Alyonushka thought, “Have milk! At home, I don’t touch even cream.” But then she thought, “No, I must not say that.”

So she had some milk and the milk river showed her the way. She thanked the milk river and ran on.

She ran over the fields and through the woods. At the edge of a wood,





she saw a hut on hen's feet, turning round and round. Inside the hut sat Baba Yaga, the witch. And as the hut turned, Alyonushka saw Ivanushka, sleeping in a corner.

Alyonushka was frightened. But what could she do! She went inside the hut. "Who are you?" asked Baba Yaga. "And why have you come?"

"I am Alyonushka and I have come to take my baby brother," said she and picked up her baby brother.



"Come to take your baby brother? He-he-he!" laughed Baba Yaga. "I have got your baby brother, and now I have got you, too!"

"Oh, no, you haven't!" said Alyonushka. Holding Ivanushka, she jumped out of the hut and began to run back home again.

Then Baba Yaga the witch called up the geese. "Go after the children and bring them back to me," she shouted. The geese went flying after the children.

Alyonushka ran and ran till she came to the milk river.

"Milk River, Milk River, hide us, please." Quickly, the milk river hid the children. The geese couldn't find them and turned back.



Alyonushka began to run again. But the geese saw the children and came after them. Holding her brother, Alyonushka ran and ran till she came to the apple tree.

"Apple Tree, Apple Tree, hide us, please." Quickly, the apple tree hid the children in its branches. The geese couldn't find them and turned back.

Alyonushka began to run again. But the geese saw the children and flew after them. Holding her brother, Alyonushka ran and ran till she came to the oven.

“Hide us, please, Oven,” said Alyonushka. Quickly, the oven hid the children. The geese couldn’t find

them. They flew round and round and up and down but it was no use. At last, they turned and flew back to Baba Yaga.

Then Alyonushka crawled out of the oven with her baby brother and ran home with him. And before long, Father and Mother came home too.

– Adapted from a Russian fairy tale

2. Now read the story aloud with me.

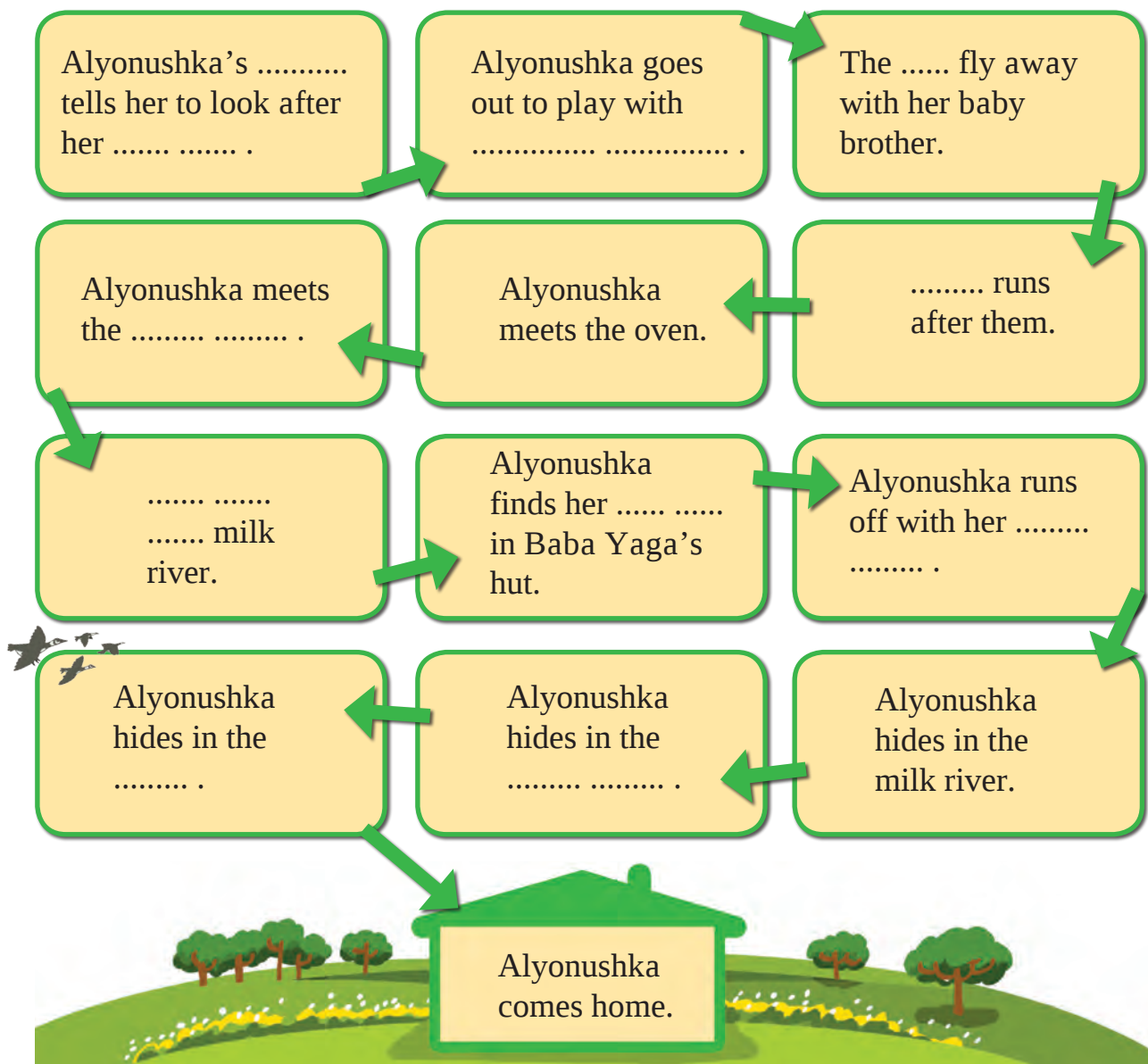
अब इस कहानी का मेरे साथ मुखर वाचन करो ।

O5

3. Alyonushka’s story is given below in short. Read it and fill in the blanks.

नीचे अल्योनुशका की कहानी संक्षेप में दी है ।
उसे पढ़ो और रिक्त स्थानों की पूर्ति करो ।

W9



4. Make your own funny names like Baba Yaga. Do they sound like English names ?
5. Form groups of 5. Taking turns, retell this story as Alyonushka would tell it. Let the next person continue with the story after about 5-8 lines.

अपने मन से रोचक/मजेदार नाम बनाओ । जैसे Baba Yaga. क्या ये नाम अंग्रेजी नामों की तरह प्रतीत होते हैं ?

पाँच-पाँच विद्यार्थियों के गुट बनाओ । गुटों में बारी-बारी से यह कहानी इस प्रकार बताओ जैसे अल्योनूश्का स्वयं बता रही हो । लगभग ५-८ पंक्तियों के बाद रुककर उसके बाद की कहानी अगले विद्यार्थी को बताने दो ।

O14

*'I am Alyonushka.
I live with my father, mother and baby brother.
One day, my mother said to me,'*



6. Read aloud and copy. मुखर वाचन करो और देखकर लिखो ।

O4 W10



• a loaf of bread



• a glass of milk

• a slice of bread



• a lump of butter

• a drop of water



• a piece of paper

7. Listen carefully and write each word in the proper column.

ध्यान से सुनो और प्रत्येक शब्द उचित खाने (प्रविष्टि) में लिखो ।

W12

Teacher : • girl • day • friends • baby • children • birds • oven • slice • cakes
• tree • apples • father • feet • geese • hut • home • mother • men.

One	Many

8. Listen carefully and write the words in the proper column.

ध्यान से सुनो और प्रत्येक शब्द उचित खाने (प्रविष्टि) में लिखो ।

W12

Teacher : • king • queen • jump • cat • read • walk • fast • red • big
• mango • fish • smell • sweet • school • soft • cup • house
• go • call • play • shop • office • nice • slowly • peanut
• doctor • home • baby • smile • cry.

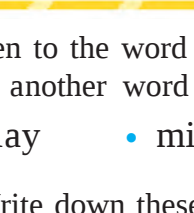
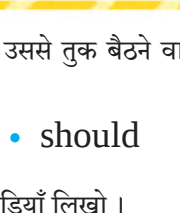
action	thing, animal, person, place	description

1. Listen, read aloud, learn and recite the poem.

सुनो, मुखर वाचन करो, सीखो और कविता प्रस्तुत करो।

O4

O1

	Work while you work, Play while you play; To be useful and happy, That is the way. All that you do, Do with your might; Things done by halves Are never done right. One thing at a time, And that done well, Is a very good rule, As many can tell. Moments should never Be trifled away; So work while you work, And play while you play. — M. A. Stodart	
		
		
		



2. Listen to the word carefully. From the poem, find another word that rhymes with it.

- play • might • well • you • one • should

• Write down these pairs of rhyming words.

ध्यान से शब्द सुनो। उससे तुक बैठने वाला दूसरा शब्द कविता में ढूँढो।

O10

3. You have learnt four of these lines in 'My English Book Four'. Find them.

इस कविता की चार पंक्तियाँ तुमने 'माय इंग्लिश बुक फोर' में सीखी हैं। वे पंक्तियाँ ढूँढो।

O10

4. Answer the following questions in one word.

- What should you do while you work ? • What should you do while you study ?
- What should you do while you play ? • What should you do while you eat ?

निम्न प्रश्नों के उत्तर एक शब्द में दो।

O11

5. Use 'a' and 'b' each, to prepare five questions for your friends. Note down their answers.

अपने मित्रों/सहेलियों के लिए 'a' और 'b' का उपयोग करके पाँच प्रश्न तैयार करो। उनके द्वारा दिए हुए उत्तर लिखो।

(a) When do you ? (b) How long do you ?

P3



1. Find a 'pen-friend' studying in Std VI or Std VII.

छठी/सातवीं कक्षा में पढ़ने वाले पत्र मित्र/पत्र सहेली ढूँढो।

P4

Step 1 : Introduction

Excuse me. / Hello.

My name is / I am

I am in the fifth standard. / I am in fifth 'A'.

I am looking for a 'pen-friend'.

'Pen-friends' are friends

who write letters to each other regularly.

We have to write letters in English.

Would you like to be my 'pen-friend'?



Step 2 : Exchanging information

- Please tell me your name and address.
- When is your birthday?
- Tell me about your favourite things.
 - Favourite colour
 - Favourite game
 - Favourite subject
 - Favourite teacher
 - Favourite book
 - Favourite movie
 - Favourite TV programme
 - Favourite dish
- Who is your best friend in school?
- What is your hobby?
- What do you enjoy the most?
- Tell me about the people in your family.



Pen-friend Profiles

* Name :

* Address :

* Date of Birth :

* Favourites

- Colour
- Game
- Dish
- Subject
- Teacher
- Book
- Movie
- TV Programme

* Family :

* Hobby :

* Enjoys

Step 3 : Send your 'pen-friend' greetings on special occasions like his/her birthday, or festivals throughout the year.

अपने पत्र मित्र/पत्र सहेली को उसकी वर्षगाँठ अथवा त्योहार-पर्वों जैसे विशेष अवसरों पर शुभकामना कार्ड भेजो ।

- Happy Birthday!
- Wish you a Happy New Year
- Happy Diwali
- Wish you all the best
- Eid Mubarak
- Congratulations !
- Merry Christmas

छठी/सातवीं कक्षा के शिक्षकों से मिलकर/बात कर कक्षा के प्रत्येक विद्यार्थी को 'pen-friend' मिलेगा; यह देखें । प्रत्येक विद्यार्थी के पास बना हुआ pen-friend profile देखकर प्रत्येक विद्यार्थी द्वारा शुभकामना कार्ड/पत्र भेजे जाने का नियोजन करा लें । यह देखें कि यह उपक्रम संपूर्ण वर्ष चलता रहेगा । विद्यार्थियों को प्राप्त होने वाले शुभकामना कार्डों/पत्रों की कक्षा में बीच-बीच में प्रदर्शनी लगाई जा सकेगी ।

2. Read the following letters and expressions carefully. Use them to write your own letters.

निम्न पत्रों और उनके वाक्यों को ध्यान से पढ़ो। उनका उपयोग स्वयं के पत्र लिखते समय करो।

W9

(a) Some specimen letters :

Date : _____

Dear ,

How are you? I hope you are fine.

Thank you so much for being my pen-friend. I want to tell you about a superb movie. It is called I saw it last week. You must see it. I am sure you will like it.

How is everyone in your family? Give my regards to your parents.

Your friend,
.....

a very good programme

a wonderful book

a lovely poem

an interesting story

watch

read

Date : _____

Dear ,

Thank you for your letter and for telling me about the movie '.....'.

Next week, we have a 'Jokes' Telling Competition in our class. Can you suggest a good joke?

Please write again soon. Regards to your parents and love to your brother.

Yours,
.....

programme book

Story Telling Competition/
Recitation Competition

story poem

(b) Some useful expressions :

Give my love to your little sister/brother.

Give my regards to your parents/
the elders in your family.

With regards,

With lots of love,

Yours sincerely,

Love,

See you soon.

Yours lovingly,

Yours truly,