

1.7 Are you a DIY Kid?

When you were very young, your parents or other grown-ups did everything for you. They fed you, washed you, dressed you and took you around. But things must have changed since then. Now that you are nearly 11, you must have learned to do many things all by yourself. Now you are a 'Do It Yourself — DIY kid', right? Here's a list of some things an eleven year old child should be able to do — and never mind if you can't do some of these things as yet! There's a whole year for you to learn these things. You will enjoy them. So let's begin our count —



CAN YOU TAKE CARE OF YOUR PERSONAL HYGIENE ?

- I trim my nails regularly . Do you ?
- I take a wash on my own. A proper wash! I remember to wash behind my ears, under arms, elbows, knees, etc. Do you ? And I use enough water — not more, not less.
- I can oil and comb my hair on my own.
I can wash and dry my hair on my own.



I know you can do it too. But do you do it? Or do you still depend on your mother?



DO YOU TAKE CARE OF YOUR CLOTHES ?

- I can even wash my own clothes when necessary. I wash my undergarments every day.
- I don't stack up used and soiled clothes. I put them in the washing bucket on time. I brush or scrub the soiled parts with soap before I add them to the washing pile .
- I can hang the clothes neatly (without creases) to dry on the clothesline.
- I can fold all clothes neatly.

You, too, can do all this. Have you tried?





CAN YOU SWIM ?

- I can swim in a swimming pool.
- I can swim in a well.
- I am going to learn free style swimming this year.

How about you?



CAN YOU RIDE A BICYCLE ?

- I learnt to ride a bicycle when I was 8 years old.
- I am learning to ride a bigger bicycle.
- I am going to learn it in the vacation.

I can ride my bicycle without the balancing wheels.



YOU SHOULD CARE FOR AT LEAST ONE PLANT!

- My aunt gave me this little plant.
- I water it every day.
- I loosen the soil around its roots from time to time.
- I add a little compost to it every 2-3 months.

Different plants need different kind of care.



I love my plant! My plant loves sunlight!



CAN YOU DRESS UP FOR A SPECIAL OCCASION ON YOUR OWN ?

When I was in Std II, my father helped me. But now I can dress up on my own — even for a special occasion.



Are you presentable when you visit someone else?





CAN YOU CONVEY AN ORAL MESSAGE TO SOMEONE CORRECTLY ?

Write a recent message that you passed on

- at home
- in school
- between friends.

(You may write the message in your mother tongue.)



running stitch



back stitch



hem



YOU MUST KNOW HOW TO SEW —

- I can thread a needle.
- I put a knot in the thread when I string flowers or beads in it.
- I can make these stitches — running stitch and back stitch. I can also hem the border.
- I can sew up a tear in my clothes. I can even sew a button. There is a stitch called buttonhole stitch.
- Once I made a handkerchief by sewing the edges of a square piece of cloth.



I LOVE TO HELP IN
THE KITCHEN



I clean or wash fruit
and vegetables.



I can peel cucumbers.



I help mother in cleaning
grain and cereals.



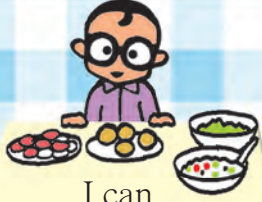
I like sifting grain
or flour.



I am good at slicing,
cutting or chopping
fruits and vegetables!



I love to
shell (and eat)
peas and green
gram. I can shell
beans and peanuts.



I can
prepare a
few simple dishes —
salads,
peanut-laddoo.



It's fun to churn and
at the end, you get
buttermilk!



It's not so easy to make a
dough and roll out puris
or chapatis.



Making bhakri
is a skilled job!



DO ANSWER THE PHONE POLITELY IN MARATHI OR ENGLISH AND TAKE DOWN A MESSAGE WHEN NECESSARY.

‘Hello, Aunt. This is Bitto. Mother’s not at home. Do you have any message for her?’

...

‘Hello, Uncle. How are you? I am giving the phone to Grandpa. OK, then. See you. Bye-bye.’



YOU MUST LEARN TO BE A SMART CONSUMER!

- I always check the product I am buying.
- I make sure that the price is right.
- I always pay the right amount.
- I do ‘mental arithmetic’ or simple calculations before I pay the shopkeeper. That is why, I am able to collect the correct change.
- I carry the money safely and carefully.
- I remember to take proper containers.
- I avoid plastic bags!



POINTERS

1. What can you add to this ‘Do It Yourself’ list?

2. Write a short report about yourself –

- * Things I can do (at least 5).
- * Things I am learning to do (at least 3).
- * Things I want to learn from my mother / father (at least 3).
- * Things I am going to learn in the vacation.
- * Things I love to do.
- * Things I don’t like to do but do them anyway.



3. Interview your friends to see what they can do.

Write a short report about what they can do.

4. Some projects for you : * Sew a bag. * Make a snack. * Grow a small garden.